



**STATE INSTITUTE OF HEALTH AND FAMILY WELFARE
UTTAR PRADESH**

Annual Diary

2023-24



**Department of Medical, Health and Family Welfare,
Government of Uttar Pradesh**

राज्य स्वास्थ्य एवं परिवार कल्याण संस्थान 30 प्र०
STATE INSTITUTE OF HEALTH AND FAMILY WELFARE, U.P.

राज्य स्वास्थ्य एवं परिवार कल्याण संस्थान, 30 प्र०
SIHFWUP

ज्ञानादूते न मुक्तिः

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FOREWORD

Shri Partha Sarthi Sen Sharma, I.A.S

Principal Secretary

Department of Medical,

Health & Family Welfare

Government of Uttar Pradesh



Quality improvement of health services is a complex task and requires strengthening of health system components such as available human resources, supplies, and infrastructure. It involves strengthening of routine health services, timely action in case of complications and satisfaction of both provider and beneficiaries. Availability of quality health care services to the community depends largely upon the efficacy with which health functionaries discharge their responsibilities, which, in turn would depend mainly upon their training.

State Institute of Health and Family Welfare, Uttar Pradesh (SIHFW, UP) as an apex training institute has given the shape to the vision of training the health personnel in providing effective and efficient health care services to the beneficiaries. SIHFW, UP is playing a pivotal role in training & development of medical, para-medical and other supporting professionals to cater to the health needs of the state.

The Institute is also facilitating enhancement of knowledge and skills through In-service Foundation Training of Medical Officers, In-service Foundation Training of Pharmacist and proficiency based Continuing Medical Education (CME) for Medical Officers besides organizing other programmatic trainings from time to time.

Considering the complexity and ever evolving nature of training and need for skills enhancement for in-service professionals, SIHFW, UP's role is extremely important and it is indispensable for optimum functioning of Health & Family Welfare services in the state. I wish that State Institute of Health & Family Welfare, Uttar Pradesh continue its good work and continue to provide quality training for the in service professionals of the Department of Health & Family Welfare.


(Shri Partha Sarthi Sen Sharma)

ACKNOWLEDGMENT

Dr. Rajaganapathy R, I.A.S

Director

State Institute of Health & Family Welfare, UP
Government of Uttar Pradesh



State Institute of Health and Family Welfare (SIHFW), Uttar Pradesh, Lucknow is an apex institute of the state for training and research in the field of medical, health and family welfare. Since its inception as 'Population Centre' in 1973-74, later re-christened as SIHFW-UP, the institute has come a long way as a leading institute for training of not only medical and para-medical staff but also the pharmacist and other support staff.

In the current financial year 2023-24, SIHFW-UP has gone under a paradigm shift vis-à-vis the execution of training and skill development not only medical and para-medical staff like Medical Officers, Staff Nurses, Lab technicians etc but also organizing trainings for the likes of Pharmacist, District Accounts Managers, District Community Process Managers, Block Community Process Managers and Data Entry Operators etc through state sponsored and NHM sponsored training programs.

The institute has diversified its training ambit by including Continuing Medical Education (CME) for Medical Officers in its sphere of action. This transition of SIHFW-UP, from a traditional training institute that earlier focused on imparting in-service and programmatic training to more holistic training, skill and knowledge enhancement institution, is a result of interventionist approach of the leadership of Department of Health & Family Welfare, Govt Of Uttar Pradesh in imparting quality health care to the beneficiaries in the state.

SIHFW-UP has also not only updated its training curriculum but also upgraded its infrastructure. With the introduction of smart classrooms for facilitating trainings to renovation of Officer's Mess, to ensuring digital connectivity across the campus to renovated and upgraded library, by improving hostel space for participants by renovating hostel rooms and increasing amenities SIHFW-UP has ensured a safe and comfortable environment for participants coming for training.

I am confident that the SIHFW-UP will continue on its impressive trajectory and shape the training and skill development landscape of the state.

A handwritten signature in blue ink, consisting of stylized initials and a long horizontal stroke.

(Dr. Rajaganapathy R.)

Glossary

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Leadership and Management Training of L4 Officers (First Batch)

Leadership and Management Refresher Training for L4 Officers

Medical officers in Uttar Pradesh (UP) take on leadership and management duties throughout their careers. As they transition from clinical to administrative roles, it is crucial for mid-level medical officers to develop relevant leadership and management competencies. By doing so, they can enhance their performance and play a vital role in advancing the state's health system.

The State Institute of Health and Family Welfare (SIHFW), UP, with support from Johns Hopkins University (JHU) and Indian Institute of Management Lucknow (IIML), will jointly offer a 6-day pilot leadership and management training program and a 3-month mentored leadership program for mid-level medical officers in the state. IIML and JHU will support SIHFW in imparting leadership and management competencies to an initial cohort of 25 Level 4 (L4) medical officers. Out



of an estimated 2,000, L4 medical officers in UP, the program will ultimately aimed to train 400 officers nominated by the GoUP each year. The scaled-up program will be informed by the lessons learned from the initial pilot offering of the training. These two pilot batches were successfully completed viz. April 24-29, 2023 where 26 participants were trained and 28 Aug - 02 Sep, 2023 where 29 participants were trained at the IIM, Lucknow campus.

IIML and JHU propose to initiate leadership and management training in UP in two phases.

- Phase-1: Leadership and management training

The refresher training for L4 Officers will entail a 6 day, in-person leadership and management training that includes interactive and reflective learning processes to impart leadership and management competencies to nominated L4 medical officers. These competencies were imparted through didactic and practical lessons on systems thinking, problem-solving, leadership, and effective communications.

- *Phase-2: Mentored leadership*

The three-month mentored leadership component of the program begun after completion of the 6-day training. Over the course of three months, participants worked on a practical leadership and management project with mentors from SIHFW and JHU. In the mentorship component of the program, participants worked in groups of five alongside one mentor with various online/in-person touchpoints through the three months. Participants chose a project idea and developed a project plan. The plan was reviewed by the mentor as he/she actively worked on the project to apply new learnings from the training. The purpose of phase 2 is to matriculate a batch of emerging leaders or champions, who can inspire, motivate, advocate, and bring about changes in the UP-health system. They were be further trained in leading change and adaptive leadership that will help them to anticipate, identify, interrupt, and innovate strategies in the face of evolving and complex situations.



- *Post Program Delivery*

The final leg of the program will comprise of 1-day post program delivery at IIM Lucknow campus where participants came together to share their projects and learnings from the program. It concluded with a summit where participants shared their experience, followed by the introduction of the next cohort.

Each participant received a joint certificate of completion from IIML-JHU after completion of training in the presence of Principal Secretary Sir.



The learning objectives of the training program are:

- a) Appreciate and recognize personal leadership style and leaderships' role in driving team and organizational performance*
- b) Develop a range of leadership skills and behaviors including developing self, high performing teams, and organizations*



- c) *Lead and commit to a workplace challenge project for the mentored leadership phase of the training*

Refresher training delivery methods

The training modules will be developed in consultation with SIHFW, JHU and IIM to identify priority areas with an objective to build leadership competencies in the workforce. Training parameters will include:

- *Combination of didactic and skill-building training*
- *Experiential approach, learning portfolio*
- *Discussion-based approach*
- *Focused group discussions, workshops, case study, peer learning sessions*

At the completion of the program, participants:

- *Develop leadership and management competencies*
- *Identify strengths and areas for improvement, and future leaders in the system*
- *Apply new learning to practical workplace challenges*

Evaluation

Evaluation ascertained the success of the program in achieving the goal of creating emerging leaders in the health system, while also facilitating succession planning and ensuring sustainability. The program's effectiveness and usefulness was





assessed using pre- and post-training assessments in the form of questionnaires and interview. These learnings helped us inform and refine future iterations of the training program.

SIHFW's Tripartite Engagement:

- *SIHFW and JHU, along with IIML has developed Phase 1 training modules to meet the desired competencies suggested in the proposal.*
- *SIHFW faculty were present during the six-day training and were offered Training of Trainers (ToT) experience.*
- *SIHFW, JHU and IIML to created a package of resource materials for each module, which could be used for similar L4 trainings in the future.*
- *SIHFW, JHU and IIML jointly work together to design and implement the mentorship phase activities.*

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THE TIMES OF INDIA

Doctors to get management, leadership mantras from IIM-Lucknow faculty

TNN | Apr 29, 2023, 07:35 AM IST



LUCKNOW: IIM-Lucknow and Johns Hopkins University (US) in collaboration with the State Institute of Health and Family Welfare have initiated a training programme for mid-level medical officers wherein they will undergo didactic and practical lessons on systems thinking, problem-solving, managing quality, conflict management, management functions and effective communication.

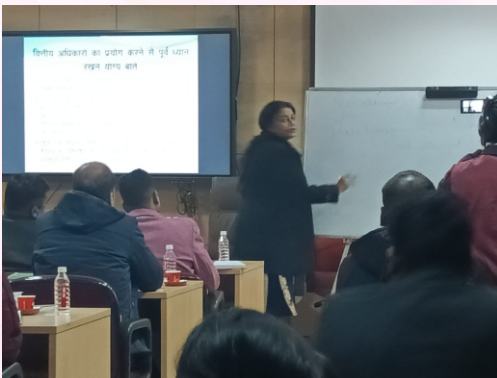
Foundation Training : Completion of 100 batches

Foundation training of Medical Officers is a crucial component of ensuring quality and efficiency in the delivery of primary health care services. It is an in-service induction training that aims to equip the Medical Officers with the necessary administrative and financial skills to manage the health facilities, staff, and resources under their supervision. It also covers the essential clinical and public health aspects of prevention, control, and management of common diseases and conditions, especially non-communicable diseases and adolescent health issues.



The foundation training of Medical Officers is a critical juncture in their career progression, acting as a pivotal stepping stone toward upholding exceptional standards and efficacy in primary healthcare delivery. This phase of training is meticulously crafted as an in-service induction program, meticulously tailored to equip Medical Officers with the multifaceted skill set essential for adeptly overseeing healthcare facilities and efficiently managing their entrusted resources.

This training engages medical officers in initial pivotal stage of their professional development, serving as a cornerstone for maintaining high standards and effectiveness in primary healthcare provision. This training is specifically designed as an in-service induction program, tailored to arm Medical Officers with the diverse skill set required to proficiently oversee health facilities and efficiently manage the resources entrusted to them.



One critical aspect of this training revolves around imparting administrative and financial acumen to Medical Officers. They learn essential skills related to the day-to-day operations of health facilities, including budgeting, procurement, human resource management, and logistical planning. By mastering these administrative competencies, Medical Officers can ensure smooth functioning of

their facilities, optimal allocation of resources, and effective utilization of staff, ultimately enhancing the quality and accessibility of healthcare services.

One central facet of this training revolves around instilling administrative and financial proficiency in Medical Officers. They are imparted with indispensable skills pertinent to the daily operations of healthcare facilities, encompassing areas such as budgeting, procurement, human resource management, and logistical planning. By mastering these administrative competencies, Medical Officers can ensure the seamless operation of their facilities, optimize resource allocation, and harness staff potential effectively, thereby augmenting the quality and accessibility of healthcare services provided.



Moreover, the foundation training addresses the clinical and public health dimensions of medical practice. Medical Officers receive comprehensive instruction on the prevention, control, and management of prevalent diseases and conditions within their communities. Special emphasis is placed on non-communicable diseases (such as diabetes, hypertension, and cardiovascular disorders) and adolescent health issues, recognizing the growing significance of these health challenges in contemporary society.

Through this training, Medical Officers acquire the necessary knowledge and skills to diagnose, treat, and prevent common ailments effectively. They are equipped with up-to-date information on evidence-based clinical practices and public health interventions, empowering them to address health disparities, promote healthy behaviors, and mitigate the burden of disease within their patient populations.



In essence, the foundation training of Medical Officers serves as a comprehensive platform for professional development, integrating administrative, financial, clinical, and public health competencies. By investing in the education and training of Medical Officers, healthcare systems can bolster their capacity to deliver quality primary healthcare services, promote community well-

being, and achieve sustainable health outcomes.

The objectives of this foundation training is equip Medical officers to impart Public health administration in the Uttar Pradesh (UP) Health Department which involves the coordination, management, and implementation of various programs and initiatives aimed at improving the health and well-being of the population. Here's an overview of objectives achieved in foundation training:



1. *Policy Development and Planning:* To equip skills as Public health administrators in UP and get effectively involved in the development of health policies, strategies, and plans aimed at addressing the health needs and priorities of the population. Participants were equipped in conducting needs assessments, analyzing health data, and consulting with stakeholders to formulate evidence-based policies and plans.
2. *Program Implementation:* To equip skills as Public health administrators to oversee the implementation of various health programs and initiatives aimed at addressing key public health issues. These programs include immunization campaigns, RTI/STI Management, maternal and child health programs, disease control programs (such as tuberculosis and malaria control), nutrition programs, and health education campaigns.
3. *Resource Management:* To equip skills as Public health administrators as they are responsible for managing the financial, human, and logistical resources allocated to public health programs. This involves budget planning, resource allocation, procurement of medical supplies and equipment, and ensuring the availability of trained healthcare personnel to implement public health interventions effectively.



4. *Monitoring and Evaluation:* To equip skills as Public health administrators to monitor the progress and effectiveness of public health programs through regular monitoring and evaluation activities. This includes collecting and analyzing health

data, assessing program outcomes, identifying challenges and gaps, and making necessary adjustments to improve program performance and impact.

- 5. Disease Surveillance and Response: To equip skills as Public health administrators to oversee disease surveillance systems to monitor the occurrence and spread of infectious diseases, outbreaks, and other public health threats. They coordinate with healthcare facilities, laboratories, and other stakeholders to detect, investigate, and respond to disease outbreaks promptly.*
- 6. Health Promotion and Education: To equip skills as Public health administrators to promote health education and awareness initiatives aimed at empowering individuals and communities to adopt healthy behaviors and lifestyles. This includes conducting health education campaigns, organizing community health events, and disseminating health information through various channels.*
- 7. Policy Advocacy and Collaboration: To equip skills as Public health administrators to advocate for policies and initiatives that promote public health and address health inequities. They collaborate with government agencies, non-governmental organizations, community-based organizations, and other stakeholders to leverage resources, expertise, and partnerships to advance public health goals.*
- 8. Emergency Preparedness and Response: To equip skills as Public health administrators to develop and implement emergency preparedness plans to respond to public health*



emergencies, natural disasters, and other health crises. This includes coordinating emergency response efforts, mobilizing resources, and providing support to affected communities.

- 9. Strategic Planning: Effective management of public health administration begins with strategic*

planning. This involves setting clear goals and objectives, identifying priority areas for intervention, and developing strategies and action plans to achieve desired outcomes. Strategic planning ensures that public health efforts are targeted, coordinated, and aligned with the needs of the population.



Overall, the public health training of medical officers is comprehensive and multidisciplinary, covering various aspects of public health practice to prepare them for roles in disease prevention, health promotion, and health system management. This training is essential for medical officers to effectively address public health challenges and contribute to improving the health and well-being of communities.

Foundation Training at a Glance in FY 2023-24

Sl. No.	Course Activity	Course Coordinators	Course Dates	Level/ Participants	No. of days	No. of Participants.
1	2	3	4	5	6	7
A.1	Foundation Training - 12 days					
1	MOFT Batch 91	Dr. Mahesh Nath Singh & Dr. Neelam	10 to 22 April 2023	L-2/Medical Officers	12	43
2	MOFT Batch 92	Mr. Mudasser Ahmed and Dr. Poornima Singh	15 to 26 May 2023	L-2/Medical Officers	12	43
3	MOFT Batch 93	Dr. Diwakar Yadav & Dr. Neelam	16 to 27 June 2023	L-2/Medical Officers	12	43
4	MOFT Batch 94	Mr. Mudasser Ahmed and Dr. Kailash Yadav	17 to 29 July 2023	L-2/Medical Officers	12	47
5	MOFT Batch 95	Dr. Diwakar Yadav & Dr. Neelam	07 to 19 Aug 2023	L-1/Medical Officers	12	49
6	MOFT Batch 96	Dr. Vijay Kirti & Dr. Manish Singh	08 to 19 Sep 2023	L-2/Medical Officers	12	43
7	MOFT Batch 97	Dr. Mahesh Nath Singh & Mr. Mudasser Ahmed	09 to 20 Oct 2023	L-1/Medical Officers	12	48
8	MOFT Batch 98	Mr. Ashisk Chandra Sonkar & Dr. Kailash Yadav	20 Nov to 02 Dec 2023	L-1/Medical Officers	12	38
9	MOFT Batch 99	Mr. Santosh Shukla and Dr. Purnima Singh	11 Dec to 23 Dec 2023	L-1/L-2 Medical Officers	12	54
10	MOFT Batch 100	Dr. Manish Singh & Dr. Neelam	08 Jan to 20 Jan 2023	L-1/Medical Officers	12	52
Sub-Total of A.1						460

Advanced learning in Medico-Legal processes

Medico-Legal cases are an integral part of medical practice that is frequently encountered by Medical Officers. Proper handling and accurate documentation of these cases is of prime importance to avoid legal complications. All medical officers working in hospitals/field medical units encounter medico-legal issues which should be handled in accordance with the law of the land and directives issued by service headquarters.



Indeed, medico-legal cases are a significant aspect of medical practice, encountered regularly by Medical Officers across various healthcare settings, including hospitals and field medical units. These cases involve situations where medical expertise intersects with legal matters, often requiring careful handling and precise documentation to avoid legal complications and ensure compliance with applicable laws and regulations.

By prioritizing proper handling and accurate documentation of medico-legal cases, Medical Officers can fulfill their professional responsibilities while contributing to the integrity and effectiveness of the legal system such as:

1. *Understanding Indian Legal Framework: Medical officers undergo comprehensive training on the Indian legal system, focusing on key legislations that govern criminal proceedings. This includes:*



- *Indian Penal Code (IPC): Understanding the provisions of the IPC is crucial for medical officers to identify criminal offenses and assess the legal implications of medical findings. For example, they need to be familiar with sections related to offenses such as murder, assault, and rape.*

- *Code of Criminal Procedure (CrPC): Knowledge of CrPC guides medical officers on the procedures to be followed during criminal investigations and court proceedings. This includes guidelines for conducting post-mortem examinations, providing medical reports, and appearing as witnesses in court.*



- *Indian Evidence Act: Medical officers learn about the rules of evidence under the Indian Evidence Act, which govern the admissibility and presentation of evidence in court. This knowledge is essential for accurately documenting and presenting medical findings in a legally acceptable manner.*
2. *Practical Demonstrations: The training program includes hands-on sessions where medical officers observe and participate in real-life scenarios, such as autopsy procedures conducted in post-mortem houses. These practical demonstrations allow them to:*
- *Gain firsthand experience in collecting forensic evidence and conducting examinations, ensuring adherence to standard procedures and protocols.*



State Institute of Health and Family Welfare, UP.

04 DAYS TRAINING OF PROVINCIAL MEDICAL OFFICERS

ON MEDICO - LEGAL PROCESSES

DATE -11-14 SEPTEMBER 2023



Medico Legal Training - First Batch

- Understand the importance of thorough documentation and accurate record-keeping, which are essential for maintaining the integrity of medical evidence in legal cases.
3. *Mock Trials: A key highlight of the training program is the inclusion of mock trials specifically designed for medical officers. These simulations replicate actual courtroom settings, where medical officers play the role of witnesses and undergo chief examination and cross-examination by lawyers. Through these mock trials, medical officers:*
- Learn how to effectively communicate medical findings to legal professionals and present evidence in a clear, concise manner.
 - Develop the skills to handle challenging questions and objections during cross-examination, ensuring their testimony withstands scrutiny in court.

By combining theoretical knowledge with practical experience and simulated courtroom exercises, this training program equips medical officers with the expertise and confidence needed to collaborate seamlessly with the police and the judiciary, ultimately enhancing the quality and reliability of medical evidence presented in Indian legal proceedings.

After the directions from honorable Allahabad High Court's order directing Government of Uttar Pradesh to issue directions to Chief Medical Officers of the state regarding the preparation of postmortem reports or injury reports in typed format, which is legible, the Department of Health & Family Welfare, UP initiated a regimented Medico-Legal training program for Medical Officers of Provincial Health & Medical Services in Uttar Pradesh.

From this current, financial year 2023-24, State Institute of Health & Family Welfare, Uttar Pradesh has successfully organized Thirteen Batches (13) of 04 days Medico-Legal Training thus training 688 Medical Officers in the process.

The aim of detailed Medico-Legal training is to enhance expertise of Medical Officers and subsequently reduce reliance on external agents, thus equipping Medical officers in preparing water tight Medico- Legal reports.

Overall, this specialized training program is designed to empower medical officers with the knowledge, skills, and practical experience necessary to collaborate effectively with the police and the judiciary, ultimately contributing to the delivery of justice through evidence-based findings in the Indian legal system.

Medico-Legal Training at a Glance in FY 2023-24

Medico Legal Training - 04 Days						
1	ML Training Batch-01	Dr. Manish Singh	11-14 April 2023	Medical Officers	4	59
2	ML Training Batch-02	Dr. Diwakar Yadav	25-28 April 2023	Medical Officers	4	54
3	ML Training Batch-03	Mr. Santosh Shankar Shukla & Dr. Kailash Yadav	15-18 May 2023	Medical Officers	4	53
4	ML Training Batch-04	Mr. Santosh Shankar Shukla & Mr. Ashish Sonkar	12-15 June 2023	Medical Officers	4	50
5	ML Training Batch-05	Dr. Mahesh Nath Singh	11-14 July 2023	Medical Officers	4	50
6	ML Training Batch-06	Dr. Vijay Kirti & Dr. Poornima Singh	08-11 August	Medical Officers	4	51
7	ML Training Batch-07	Dr. Diwakar Yadav & Dr. Neelam	11-14 Sep 2023	Medical Officers	4	43
8	ML Training Batch-08	Dr. Diwakar Yadav	11-14 Oct 2023	Medical Officers	4	52
10	ML Training Batch-09	Dr. Diwakar Yadav	28-31 Oct 2023	Medical Officers	4	55
11	ML Training Batch-10	Mudasser Ahmed	06-09 Nov 2023	Medical Officers	4	60
12	ML Training Batch-11	Dr. Manish Singh	19-22 Nov 2023	Medical Officers	4	55
13	ML Training Batch-12	Dr. Manish Singh	26-29 Dec 2023	Medical Officers	4	48
14	ML Training Batch-13	Mr. Mudasser Ahmed	15-19 Jan 2024	Medical Officers	4	58
Sub-Total of A.2						688

Ongoing Professional Development through CME's

Continuing Medical Education (CME) is crucial for the ongoing professional development of physicians and other medical specialists. It encompasses a wide range of activities designed to enhance knowledge, skills, and competencies, ultimately improving the quality of patient care and service delivery. However, Medical Officers of Provincial Health & Medical Services in Uttar Pradesh face challenges in accessing adequate opportunities for knowledge enhancement and skill development, which can impact their professional advancement and the quality of healthcare services provided to beneficiaries.



SIHFW in lieu of advancement of public health practices in FY 2023-24 considered the following key points in developing evidence based CME's:

1. *Limited Avenues for Knowledge Enhancement: Medical Officers in Uttar Pradesh may face constraints in accessing CME activities due to limited availability of resources, including funding, time, and infrastructure. This limitation can hinder their ability to stay updated on the latest medical advancements, evidence-based practices, and guidelines.*
2. *Scarce Opportunities for Skill Development: Opportunities for hands-on training, workshops and other skill-building activities may be scarce in certain regions or specialties. Lack of access to such opportunities can impede Medical Officers' ability to acquire and refine clinical skills, diagnostic techniques, and procedural competencies.*
3. *Impact on Professional Advancement: Without adequate access to CME activities, Medical Officers may find it challenging to advance their careers, pursue specialization or sub specialization, or stay competitive in the field. This limitation can have long-term implications for their professional growth and opportunities for career progression.*
4. *Quality of Healthcare Services: The limited availability of CME opportunities can negatively impact the quality of healthcare services provided to beneficiaries. Medical Officers who are not adequately trained or updated may struggle to deliver optimal care,*

leading to substandard outcomes, patient dissatisfaction, and potential medical errors.

To address these challenges and enhance the professional development of Medical Officers in Uttar Pradesh, several strategies can be considered:

- *Investment in CME Infrastructure: Allocating resources and establishing infrastructure to support CME activities, including funding for workshops, conferences, online courses, and training programs.*
- *Collaboration and Partnerships: Collaborating with medical associations, academic institutions, professional societies, and healthcare organizations to facilitate the delivery of CME activities and resources.*
- *Tailored CME Programs: Developing CME programs tailored to the needs and priorities of Medical Officers, including topics relevant to their clinical practice, specialties, and areas of interest.*
- *Online Learning Platforms: Leveraging technology to provide access to virtual learning platforms, webinars, online courses, and self-paced modules, overcoming geographical barriers and enabling flexible learning options.*
- *Recognition and Incentives: Recognizing and incentivizing participation in CME activities through certifications, continuing education credits, performance incentives, and career advancement opportunities.*

By addressing the barriers to CME and investing in professional development opportunities, policymakers, healthcare administrators, and stakeholders can support the ongoing learning and growth of Medical Officers in Uttar Pradesh, ultimately improving the quality of healthcare services and outcomes for beneficiaries.

The initiative taken by the State Institute of Health & Family Welfare, Uttar Pradesh to address the limited avenues for knowledge enhancement and skills development among Medical Officers is commendable. By offering a diverse range of



training programs under Continuing Medical Education (CME), the institute is taking proactive steps to support the professional advancement of Medical Officers and improve the quality of healthcare services provided to beneficiaries. Let's explore the significance and potential impact of these training programs:



1. **Relevance to Clinical Practice:** The topics covered in the CME training programs are highly relevant to the clinical practice of Medical Officers in Uttar Pradesh. Gynecological cancers, cardiac management, hypertension, diabetes, trauma care, pediatric care, dermatology, orthopedics, ICU management, and high-risk pregnancy are all areas of significant importance in primary and secondary healthcare settings. By focusing on these areas, the training programs address the key healthcare needs of the population and equip Medical Officers with the knowledge and skills necessary to provide effective care.
2. **Addressing Local Health Challenges:** Uttar Pradesh, like many other states in India, faces unique healthcare challenges related to disease burden, infrastructure limitations, and resource constraints. The CME training programs target specific health issues prevalent in the region, such as tuberculosis, jaundice, and laparoscopic surgery for abdominal hernias and spinal conditions. By providing specialized training in these areas, the State Institute of Health & Family Welfare is empowering Medical Officers to better address the healthcare needs of their communities and improve health outcomes.
3. **Promoting Evidence-Based Practice:** The training programs likely emphasize evidence-based approaches to diagnosis, treatment, and management of various health conditions. Medical Officers gain access to up-to-date clinical guidelines, best practices, and emerging research findings in their respective fields, enabling them to deliver high-quality, evidence-based care to patients. This focus on evidence-based practice is essential for improving healthcare quality and patient safety.
4. **Capacity Building and Skill Development:** The CME training programs offer Medical Officers opportunities to enhance their clinical skills, diagnostic capabilities, and procedural competencies. Hands-on workshops, case-based learning, and interactive sessions may be incorporated into the training curriculum to provide practical experience

and reinforce learning. By investing in capacity building and skill development, the State Institute of Health & Family Welfare helps Medical Officers deliver more efficient and effective healthcare services.

5. **Professional Networking and Collaboration:** The training programs facilitate networking and collaboration among Medical Officers, allowing them to exchange knowledge, share experiences, and learn from each other's expertise. Collaborative learning environments foster professional growth, encourage interdisciplinary teamwork, and promote a culture of continuous learning and improvement within the healthcare system.

Overall, the CME training programs initiated by the State Institute of Health & Family Welfare, Uttar Pradesh, play a vital role in addressing the educational needs of Medical Officers and enhancing the quality of healthcare services in the state. By providing comprehensive and specialized training on a variety of topics, the institute supports the ongoing professional development of Medical Officers, ultimately benefiting the health and well-being of the population they serve.

In the process of executing Continuing Medical Education (CME) training, State Institute of Health & Family Welfare, Uttar Pradesh has organized 29 batches of CMEs in turn training 1066 Medical Officers in the current, financial year 2023-24.



State Institute of Health and Family Welfare, UP.

First Batch Of CME On "An Approach To A Case Of Jaundice"

September 01-2023



CME's at a Glance in FY 2023-24

Sl. No.	Course Activity	Course Coordinators	Course Dates	Level/ Participants	No. of days	No. of Participants.
1	2	3	4	5	6	7
A.3						
CME's						
1	ECG, Cardiac Management and Toxicology	Mudasser Ahmed	22-24 June 2023	Medical Officer	3	45
			15-17 Sep 2023	Medical Officer	3	50
2	Gyneacological cancer	Dr. Mahesh Nath Singh	16-17 June 2023	Medical Officer	2	25
		Dr. Mahesh Nath Singh	16-17 Aug 2023	Medical Officer	2	29
		Dr. Neelam	04-06 Oct 2023	Medical Officer	3	25
3	Hypertension and Diabetes	Mr. Santosh Shankar Shukla	16-17 Aug 2023	Medical Officers	2	50
			25-26 Sep 2023	Medical Officers	2	50
4	Pain and Palliative Care	Dr. Mahesh Nath Singh	11-12 Aug 2023	Medical Officers	2	25
			26-28 Dec. 2023	Medical Officers	3	36
5	Trauma Care and Emergency Management	Dr. Mahesh Nath Singh	18-21 Sep 2023	Medical officers	4	35
			25-27 Jul 2023	Medical officers	4	47
		Mr. Santosh Shankar Shukla	04-07 November 2023	Medical officers	4	35
6	Basics of Pediatrics	Dr. Mahesh Nath Singh	08-09 Sep 2023	Medical Officers	2	55
		Mr. Santosh Shankar Shukla	26-27 Oct 2023	Medical Officers	2	37

Sl. No.	Course Activity	Course Coordinators	Course Dates	Level/ Participants	No. of days	No. of Participants.
1	2	3	4	5	6	7
7	Dermatology	Dr. Vijay Kirti	25 Aug 2023	Medical Officers	1	25
		Dr. Neelam	9 Nov 2023	Medical Officers	1	37
		Mr. Mudassar Ahmed	14 Dec 2023	Medical Officers	1	33
8	Ortho Disease	Dr. Mahesh Nath Singh	18-19 Oct	Medical Officers	2	43
9	ICU care	Dr. Poornima Singh	12-14 Oct 2023	Medical Officers	3	31
10	An approach to Jaundice	Dr. Mahesh Nath Singh	01 Sep 2023	Medical Officers	1	26
		Mr. Mudassar Ahmed	13 Dec. 2023	Medical Officers	1	41
11	TB	Mr. Mudassar Ahmed	5 Aug 2023	Medical Officers	1	55
			22 Sep 2023	Medical Officers	1	52
12	Laposcopic repair on Abdominal Hernia	Mr. Santosh Shankar Shukla	25-26 Aug 2023	Medical Officers	2	27
13	Ortho Disease	Dr. Mahesh Nath Singh	18 October 2023	Orthopedic Surgeon/Medical Officers	2	44
14	Spinal Surgery	Dr. Mahesh Nath Singh	25-26 Nov. 2023	Orthopedic Surgeon/Medical Officers	2	32
15	High Risk Pregnancy	Mr. Santosh Shankar Shukla	04-06 Dec 2023	Gynee, Medical Officer	3	36
16	CME ON PHARMA	Dr. Mahesh Nath Singh	16-19 Dec. 2024	Pharmasist	4	40
Sub-Total of A.3						1066

1. Training of Senior Medical Officers as Enquiry Officers on Disciplinary Proceedings

SIHFW successfully Conducted 3 batches in FY 2023-24 where 122 Senior Medical Officers who are nominated as Enquiry Officers were trained in procedures defined in relevant rules prescribed in concurrence with Uttar Pradesh Government Servant (Discipline and Appeal) Rules 1999.



A Guidebook in English and Hindi has been prepared by SIHFW Faculty to ensure the timely and transparent redressal of disciplinary proceedings of State Government Employees.



2. Training under NHM

Being the collaborative and nodal training Institute under National Health Missions, SIHFW conducts the ToT and Master Trainers programme under NHM Budget either routed directly through NHM funding to CHART Society of SIHFW or through supportive facilitation from DGMH

A. CMS Training

To ensure the better hospital administration at DHs and CHCs, SIHFW has successfully conducted 3 batches for 3 days training of newly appointed 82 Chief Medical Superintendents to build capacities for effective service delivery of public health and Training. Training effectively covered the standard operating procedures related to NQas and Lakshya standards laid down for effective hospital administration and Management



B. Staff Nurse, Dakshata and other Community process training of NHM

SIHFW also conducted series of training related to Dakshata, Nurse Mentorship, ANM ToT and training of Community Process for ASHA programme.





2. Training under DGMH

B. MCCD Training:

Medical Certification of Cause of Death Scheme is an important tool of obtaining authentic and scientific information regarding causes of mortality. The scheme formulated by office of the Registrar General, India is a big step towards establishment of a system in the country for obtaining data on cause of death.

To simply the procedure in line with legal provisions laid down in Birth and Death Registration Act, SIHFW rigorously completed 5 batches of MCCD training and 163 participants were trained.

C. Rabies Prevention, Malaria and Dengue Management Training

SIHFW also collaborated with program divisions of DGMH to conduct the series of training as priorities to ensure public health through prevention and dissemination of services to the source. Following are the glimpse of trainings

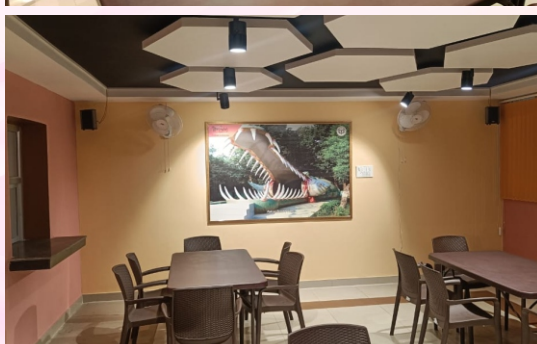
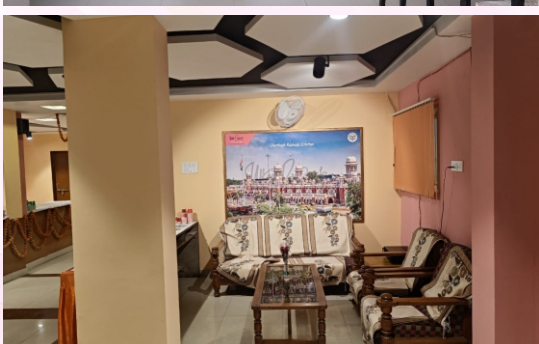
1	RKSK TOT	Dr. Neelam	04 -08 Dec. 2023	5	34
2	Elderly & Palliative TOT	Dr. Diwakar Yadav	04-11 Dec. 2023	8	36
3	Dakshta TOT	Dr. Kailash Yadav	12-14 Dec. 2023	3	22
4			15-17 Dec. 2023	3	20
5	Rabies Training	Mr. Mudassar Ahmed	1-2 Jan 2024	3	27
6			3-4 Jan 2024	3	30
7			5-6 Jan 2024	3	23
8			8-9 Jan 2024	3	23
9			29-30 Jan 2024	3	26
10			31 Jan to 01 Feb.2024	3	22
11	Asha Module 6-7 HBYNC TOT	Diwakar Yadav	10-24 Jan 2024	15	25



Training Infrastructures upgradations at a Glance

SIHFV has successfully upgraded the following infrastructures in FY 2023-24

1. Mess Facilities



2. Computer Lab & Library Facilities



3. Hostel Facilities



4. Classroom Facilities



Training Gallery



State Institute of Health and Family Welfare, UP.
3 Days CME Training Program
ECG And Primary Cardiac Care Management And Toxicology
DATE: 15-17 September 2023



State Institute of Health and Family Welfare, UP.
SECOND BATCH OF TOW DAY CME ON
GYNAECOLOGICAL CANCERS FOR SENIOR MEDICAL OFFICERS
DATE: 16-17 AUGUST, 2023



State Institute of Health and Family Welfare, UP, Lucknow
04 DAYS TRAINING OF PROVINCIAL MEDICAL OFFICERS ON
MEDICO-LEGAL PROCESSES
DATE: 11-14 APRIL 2023



Publications



राज्य स्वास्थ्य एवं परिवार कल्याण संस्थान, 30 प्र०

प्रथम फाउंडेशन बैठ (1996)



राज्य स्वास्थ्य एवं परिवार कल्याण संस्थान लखनऊ



प्रादेशिक चिकित्साधिकारियों का 100 वॉ आधारभूत प्रशिक्षण
दिनांक 08 जनवरी से 20 जनवरी, 2024

